



Biological Nurturing® Laid-back Breastfeeding Workshop

As a first step to BN Certification...
Attend an advanced level, 2 ½ day workshop
with Suzanne Colson, PhD

March 14-15-16, 2012 Napa, California

NB: There are 4 phases to BN Certification. Attendance at this workshop is part of the first phase and a required component of the training.

What is a BN Certified Laid-back Breastfeeding Consultant? (BN-CLBC)

The BN - CLBC

- Views infant feeding from a biological perspective
- Works professionally with mothers and babies during pregnancy, the time of breastfeeding initiation and beyond in a variety of settings
- Has had prior training and/or experience working as a health professional such as a midwife, doctor, nurse, health educator or as a lactation consultant, doula, La Leche League leader or childbirth educator
- Believes that most mothers do not need to be taught breastfeeding skills; therefore, the primary role of the health professional is to provide positive feedback and information when needed through purposeful conversation

Dr. Suzanne Colson's neurobiological approach to breastfeeding is groundbreaking and has far reaching positive implications in our country's quest to improve breastfeeding rates. Please join us to learn, share and enhance your lactation practice.

The Workshop will help you understand and use:

- The BN theoretical framework
- Principles of continuity and discontinuity, and metabolic adaptation to support breastfeeding initiation
- The BN clinical pathways and assessment techniques
- Primitive neonatal reflexes and behavioral states as BN components
- BN as the 'go to' support strategy
- Research methods and the application to clinical practice

NB: You may attend the Workshop to broaden the foundation of your lactation practice without expressing interest to become a BN-CLBC at this time.



Biological Nurturing® Laid-back Breastfeeding Workshop

Registration Information

Workshop fee \$325.00

| | | |
|--------------------|---------------|--------------------------|
| Wednesday March 14 | Introductions | Session 4:30PM onwards |
| Thursday March 15 | Arrive 8:30AM | Session 9:00AM to 4:30PM |
| Friday March 16 | Arrive 8:30AM | Session 9:00AM to 5:00PM |

**Venue: Napa Elks Lodge
2840 Soscol Ave. Napa, CA 94558**

Delicious light refreshments will be served Wednesday evening. Continental Breakfast will be provided each day before sessions begin. Lunch will be provided each day during mid-day break 12:30 to 1:30.

All food costs are included in the Workshop fee

Workshop Requirements

- 1. Read -An Introduction to Biological Nurturing~New Angles on Breastfeeding by Suzanne Colson, RM, PhD (order from Hale Publishing or Mary Baracco)**
- 2. View - the DVD - Biological Nurturing~Laid-back Breastfeeding for Health Professionals (order from ILCA.org or Mary Baracco)**
- 3. Bring a doll, a photo or picture of a mother doing BN and a written scenario of a frequently encountered breastfeeding difficulty from their practice**

Registration form - please type or write legibly

Name _____ Professional Title _____

Mailing address _____ City _____ State _____ Zip _____

Contact Phone _____ Prof. License#/IBCLC# _____

Work Setting _____ email address _____

Please complete and mail registration form with your check to

Mary Baracco 1206 Nielsen Ave., Napa, CA 94559-2008

Please make check payable to: Mary Baracco, Workshop Coordinator

Check or money order only please.

Confirmation will be sent to you by email.

Request for refunds received by 3/1/2012 will be granted minus a \$100.00 processing/handling fee.

For additional info. please contact Workshop Coordinator Mary Baracco, CNM, IBCLC

Ph. 707-226-3377 evenings (PST) or email: mbaracco46@aol.com

SPACE IS LIMITED to 30 PARTICIPANTS - PLEASE REGISTER SOON

We look forward to meeting you at the Workshop!