## Presentation

## "A fresh look at skin to skin" by Suzanne Colson, PhD

Founder of Biological Nurturing

If you routinely tell all mothers that they should have at least 1 hour of skin to skin contact following birth, then this presentation is for you!

After 10 years of urging mothers to breastfeed in naked contact, we need to ask some pertinent questions:

- \* Does early ventral nudity really cause mothers to breastfeed for longer?
- \* Does skin to skin contact embody what other mammals do?
- \* Does sitting upright and latching a baby using the rugby hold in skin to skin contact really help when there are breastfeeding problems?
- \* Is skin-to-skin contact always safe? If not, why not?

Join us and renew your vision on skin-to-skin contact!

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Groene Hart Ziekenhuis, Gouda InZwang members: € 35,-

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